

Deb's Place

Episode Four: Overcoming Adversity

This episode is best suited to encourage women of faith to stay focused on the reality of a loving God in good time and in bad, and to think about the different ways God expresses His love and devotion to us through the different seasons of our lives.

Discussion Guide:

1. What strategies do the stories in this episode offer us when we face adversity? Did any one story resonate with you more than the others?
2. Is God to blame when things don't go our way?
3. What do you fall back on when hard times come your way?
4. What is the most important part of facing and dealing with the adversities that come our way in everyday life, and also in exceptional circumstances?

In light of what you have just watched and discussed, spend some time reflecting on the following verses and share their relevance:

Psalm 46:1-3 - God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though it's waters roar and foam and the mountains quake with their surging.

Romans 8:35-39 - Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." No, in all these things we are more than conquerors through Him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.